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ACKNOWLEDGMENTS

FROM THE CENTERS FOR DISEASE CONTROL AND PREVENTION:

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—

FROM THE NATIONAL NETWORK OF PUBLIC HEALTH INSTITUTES:

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—

FROM NORTHEASTERN UNIVERSITY'S INSTITUTE ON URBAN HEALTH RESEARCH AND PRACTICE:

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—
—

Funding for this qualitative findings report has been provided by the National Network of Public Health Institutes (NNPHI) through a Cooperative Agreement with the Centers for Disease Control and Prevention (CDC - 5U38HM000520-05). NNPHI and Health Resources in Action have collaborated with CDC's Office of the Associate Director for Policy on this project. The views and opinions of these authors are not necessarily those of CDC or the U.S. Department of Health and Human Services (HHS).



I: EXECUTIVE SUMMARY

... (), 2010, () 2006 (58) (Graves & Swartz, 2012; Henry J. Kaiser Family Foundation, 2012; Long 2010; Long, Stockley, & Dahlen, 2011; Patel & McDonough, 2010; Raymond, 2011). An Act Providing Access to Affordable, Quality, Accountable Health Care, 58 (McDonough, Rosman, Butt, Tucker, & Howe, 2008; Patel & McDonough, 2010).

... (McDonough, 2011)

... (Patel & McDonough, 2010; Raymond, 2011a)

... (McDonough, Rosman, Phelps, & Shannon, 2006)

... (Auerbach, 2013; McDonough et al., 2006)

(Hall, 2010)



UNIVERSAL HEALTH | SURVIVAL | ACCESS | EFFORTS |





A. OVERVIEW OF CHAPTER 58 IN MA

An Act Providing Access to Affordable, Quality, Accountable Health Care,

(McDonough et al., 2008; Patel & McDonough, 2010)





In spite of this, features of the 1988 legislation still stand in Massachusetts, including:

—





¹ McDonough et al., 2006

² An attempt to achieve universal health care through a “play-or-pay” employer mandate

³ Wachen & Leida, 2012

⁴ Expanded eligibility for MassHealth and the Children’s

- [Universal Health Coverage Access Efforts](#)



... (Health Care For All Massachusetts, 2009).



Health care workforce

(Dyck, n.d.; McDonough, 2011)

(McDonough, 2011; U.S. Department of Health and Human Services, 2013)

An Act to Promote Cost Containment, Transparency, and Efficiency in the Delivery of Quality Health Care

TABLE 1: COMPARISON OF MAJOR PROVISIONS IN MASSACHUSETTS'S CHAPTER 58A AND THE ACA

<p>Insurance Market Reforms</p>	<p>Systemic insurance market reforms require guaranteed issue, community rating, and coverage standards.</p>
<p>State-based Exchange</p>	<p>Health insurance marketplaces enable individuals and small businesses to compare and purchase private insurance that meets certain coverage and cost standards.</p>



Similarities between CHAPTER 58 & ACA		Differences between CHAPTER 58 & ACA	
		Chapter 58	Affordable Care Act
Subsidies to Private Coverage	Subsidies are provided to low-income individuals to purchase private insurance.	Commonwealth Care (MA's health insurance program for adults who meet income and other eligibility requirements) provides subsidized private health coverage on a sliding scale for individuals with incomes up to 300% Federal Poverty Level (FPL). Individuals with incomes below 150% FPL are eligible for fully subsidized coverage. (Health Connector, n.d.-a)	Premium subsidies are provided on a sliding scale for individuals with incomes between 100% and 400% FPL to purchase private insurance in an Exchange. Cost-sharing subsidies are available for those with incomes between 100-250% FPL. An individual's expected contribution ranges from 2-9.5% depending on household income.
SHOP (Small Business Health Options Program) Exchange Eligibility & Subsidies	Certain businesses are required to offer health insurance to their employees or face financial penalties.	Businesses with 50 or fewer employees may offer health benefits to employees and a Section 125 plan (health insurance plans employees can pay for on a pre-tax basis) through the Health Connector's Commonwealth Choice plans. (Health Connector, n.d.-b) Chapter 58 does not provide subsidies to small businesses.	Businesses with 100 or fewer employees can access SHOP; however, states can limit participation to businesses with 50 or fewer full-time equivalent employees until 2016 and then expand to businesses with 100+ employees in 2017 or later. Businesses with fewer than 25 employees and average annual wages of \$50,000 or less may be eligible for a business tax credit if they pay at least 50% of their employees' health insurance costs.
Expansion of Public Coverage	Medicaid coverage will be expanded.	Medicaid was expanded to cover children with family incomes up to 300% FPL. Eligibility levels for adults (parents –133% FPL, pregnant women 200% FPL, and long-term unemployed 100% FPL) remained the same; though, enrollment caps for certain Medicaid programs for adults were raised.	Medicaid was broadly expanded to all individuals under age 65 with incomes up to 133% FPL (plus a 5% automatic income disregard) based on modified adjusted gross income. In 2012, the US Supreme Court decided that states have the option of whether or not to accept the expansion.



Indonesia



A. OVERVIEW

FIGURE 2: UNIVERSAL SURVEY RATES, U.S. VS. MA, ALL AGES



Source: MA CHIA Household Insurance Survey (2006–2011) and U.S. Census Bureau Current Population Survey (CPS) (2006-2011). ¹

¹Estimates for the MA rates are from the Center for Health Information and Analysis (CHIA). See <http://www.mass.gov/chia/docs/r/pubs/13/mhisreport-1-29-13.pdf> for survey methodology. Estimates for the U.S. rates are from the Current Population Survey (CPS) U.S. Census Bureau.

B. HEALTH INSURANCE COVERAGE AND TYPE

Overall Health Insurance Coverage Rates

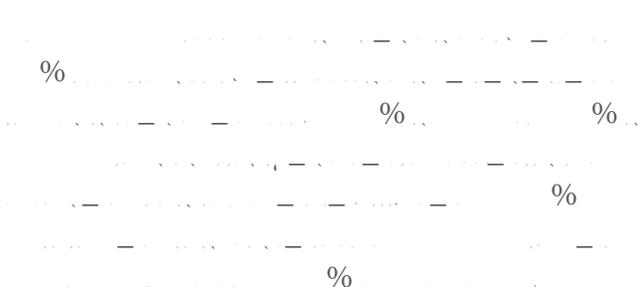
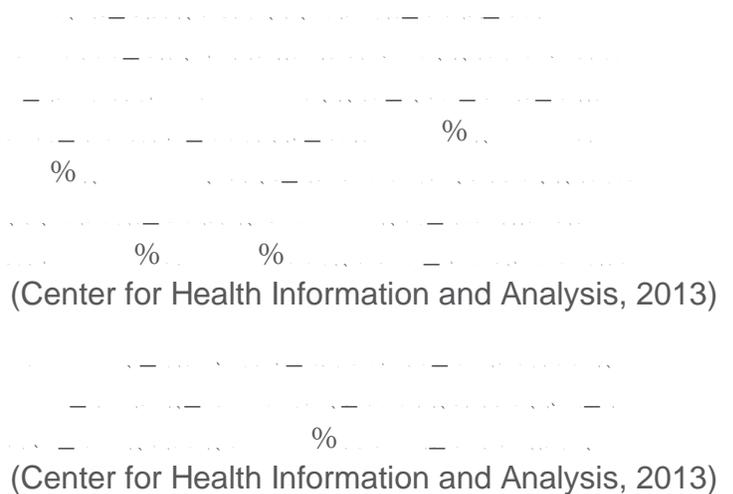


Figure 2 (Center for Health Information and Analysis, 2013)



C. ACCESS TO CARE AND UTILIZATION

... % ... %
 ... % ... % (Long, Stockley, & Dahlen, 2012).

Types of insurance coverage

... %
 ... %
 (Division of Health Care Finance and Policy, 2011) **Figure 3**

... (Long et al., 2011) %
 ... %
 (Long et al., 2012)
 ... % ... % (Long et al., 2011)

...
 ... (Blue Cross Blue Shield of MA Foundation, 2011)

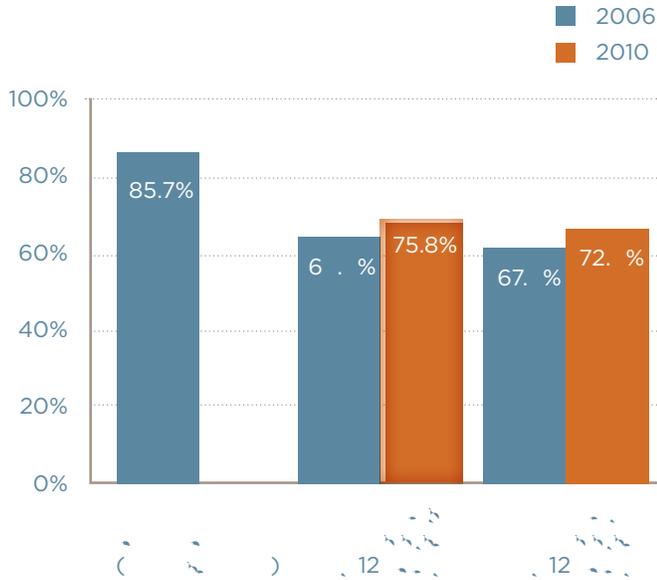
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Source: Membership reported to DHCFP by health plans and MassHealth; Commonwealth Care enrollment data are from the Health Connector.

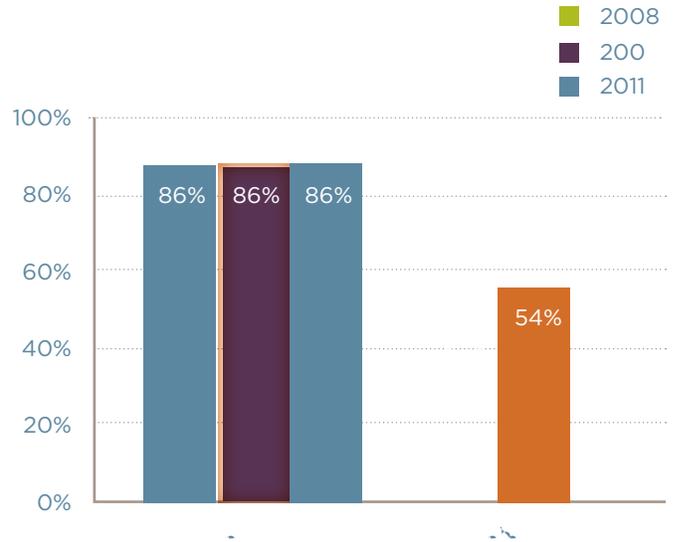


FIGURE 4. TRENDS IN USUAL SOURCE OF CARE AND DOCTOR VISITS IN A YEAR FOR NON-ELDERLY ADULTS, 2006 & 2010



Source: Massachusetts Health Reform Survey, 2006–2010. Percentage changes between 2006 and 2010 are statistically significant.

FIGURE 5. NON-ELDERLY ADULTS WITH A DOCTOR VISIT IN THE PAST 12 MONTHS BY INSURANCE STATUS IN A YEAR



Source: Center for Health Information and Analysis, 2012, retrieved from <http://www.mass.gov/chia/docs/r/pubs/13/mhis-2011-detailed-tables-2-17-12.xlsx>

Figure 5

(Center for Health Information and Analysis, 2013)

(Center for Health Information and Analysis, 2013)





E.



HIV

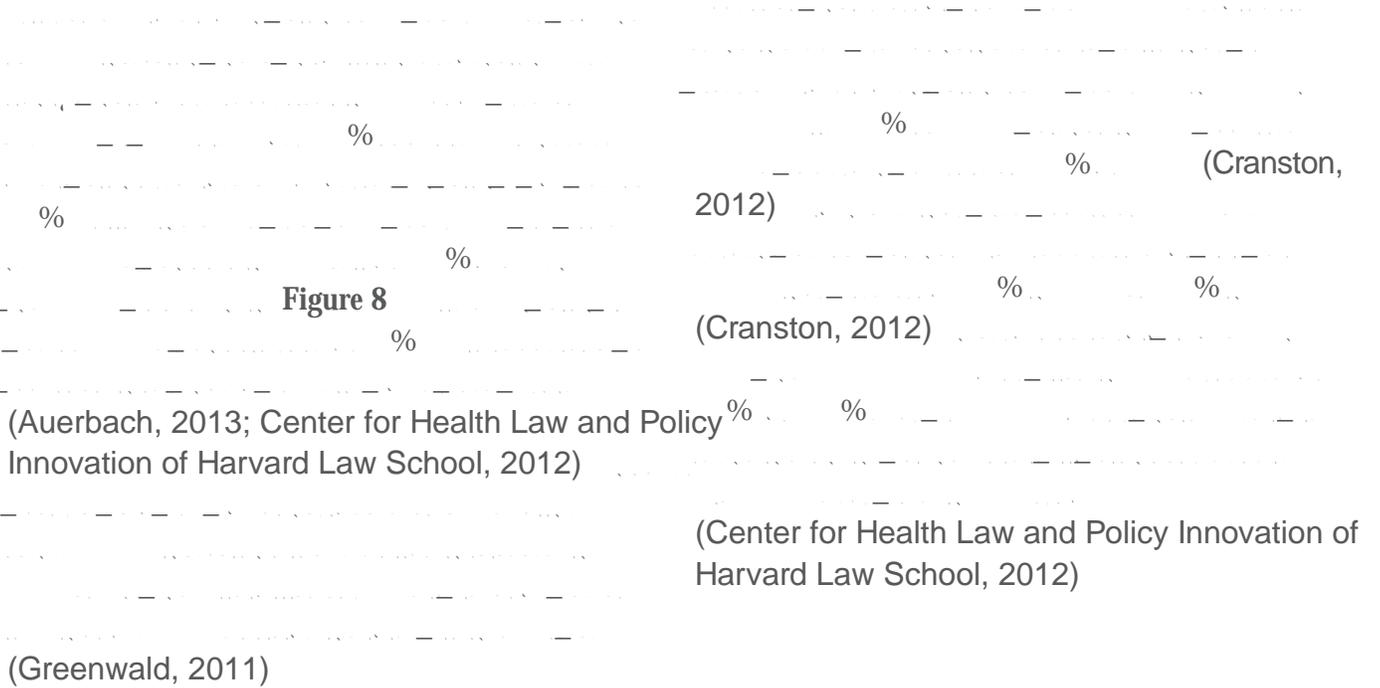


FIGURE 8: TRENDS IN HIV DIAGNOSES AND MORTALITY IN MA, 1999-2009

Note: Number of diagnoses reflects year of diagnosis for HIV infection among all individuals reported with HIV infection, with or without an AIDS diagnosis.

Source: MDPH HIV/AIDS Surveillance Program, 2012







TABLE 2: NUMBER OF OUTPATIENT ED VISITS IN MASSACHUSETTS, FISCAL YEAR (FY) 2006 AND FY2010

	2006	2010	% Increase	Change Growth Rate
Total ED Visits	2,265,064	2,401,315	6.0%	-0.3%
Preventable/Avoidable ED Visits	1,108,002	1,178,068	6.3%	-0.6%

Source: MA Health Care Cost Trends: Efficiency of Emergency Department Utilization in MA, August 2012

TABLE 3: AVERAGE COST PER OUTPATIENT ED VISIT IN MASSACHUSETTS, FY2006 AND FY2010

	2006	2010	% Change
Average Cost per Outpatient ED Visit (a)	\$403	\$515	27.9%
Average Cost per Preventable/Avoidable ED Visit	\$372	\$474	27.4%

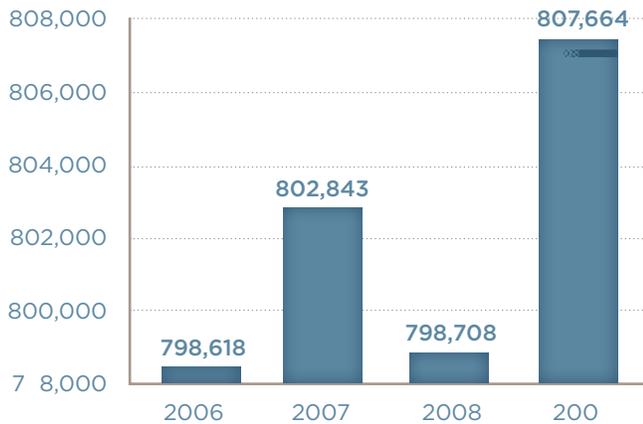


G. HOSPITALIZATIONS AND PREVENTABLE ADMISSIONS

Figure 10: Total Number of Hospitalizations in MA, 2006-2009

Figures 10 and 11

FIGURE 10. TOTAL NUMBER OF HOSPITALIZATIONS IN MA, 2006-2009

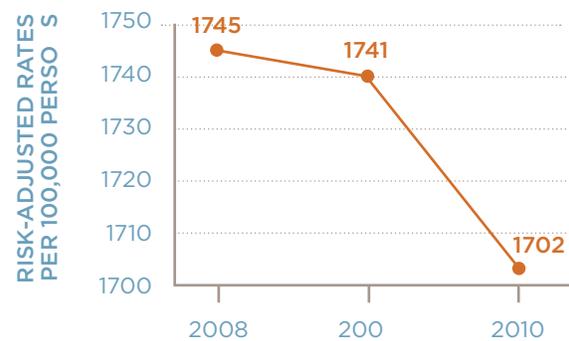


Source: Massachusetts Center for Health Information and Analysis, Hospital Utilization Database, 2005-2009. Rates calculated by the Massachusetts Department of Public Health MassCHIP program, <http://www.mass.gov/dph/masschip>

Figure 11: Preventable Hospitalizations in MA, 2008-2010

Figure 12

FIGURE 11. PREVENTABLE HOSPITALIZATIONS IN MA, 2008-2010

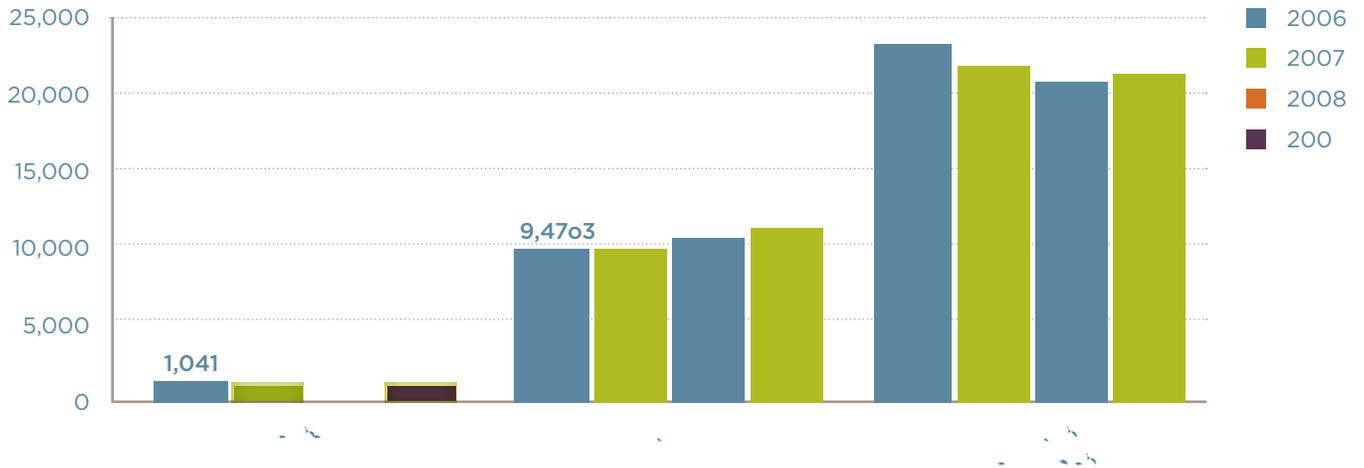


Notes: Risk-adjusted rate per 100,000 persons. Years shown are fiscal years. Analysis and methodology by the Massachusetts Center for Health Information and Analysis (CHIA).

Source: Massachusetts Health Care Cost Trends Preventable Hospitalizations, August 2012, Appendix A. Accessed online November 2013 <http://www.mass.gov/chia/docs/cost-trend-docs/cost-trends-docs-2012/preventable-hospitalizations-appendix-a.xls>



FIGURE 12. SELECTED PREVENTABLE HOSPITAL ADMISSIONS, 2005-2009



Source: Massachusetts Center for Health Information and Analysis, Hospital Utilization Database, 2005-2009. Rates calculated by the Massachusetts Department of Public Health MassCHIP program, <http://www.mass.gov/dph/masschip>

H: MORTALITY AND AMENABLE MORTALITY RATES

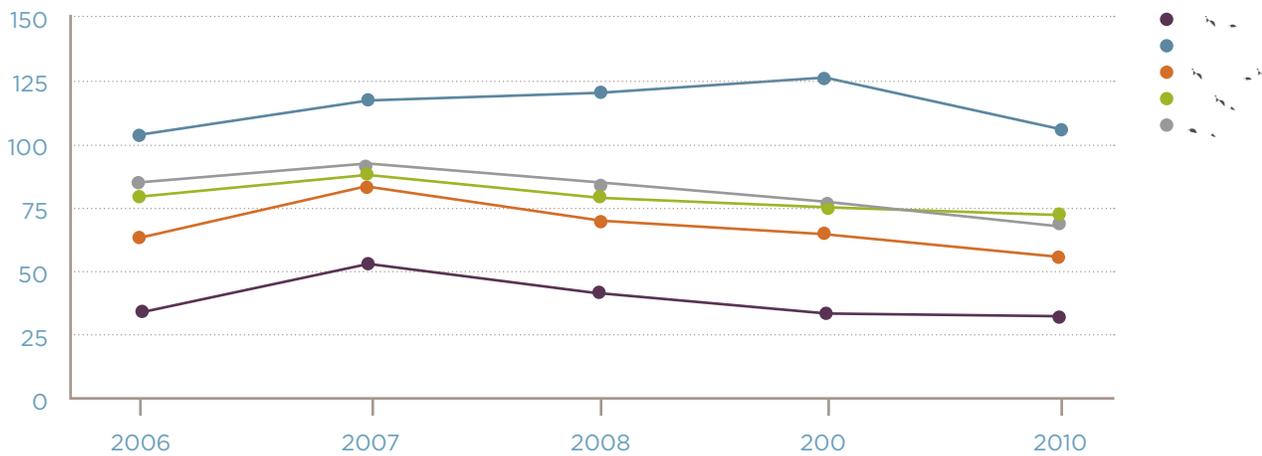
(Nolte & McKee, 2012)

%

Figure 13



FIGURE 13: MORTALITY RATES AMONG THE ABLE TO HEALTHCARE ILLIAD, 2006-2010 BY RACE AND ETHNICITY



Source: Massachusetts Department of Public Health. A Decade of Mortality 2000-2009, and Massachusetts Deaths 2010.
 Note: These data have not yet been approved or released.

I. SCREENING AND PREVENTIVE CARE

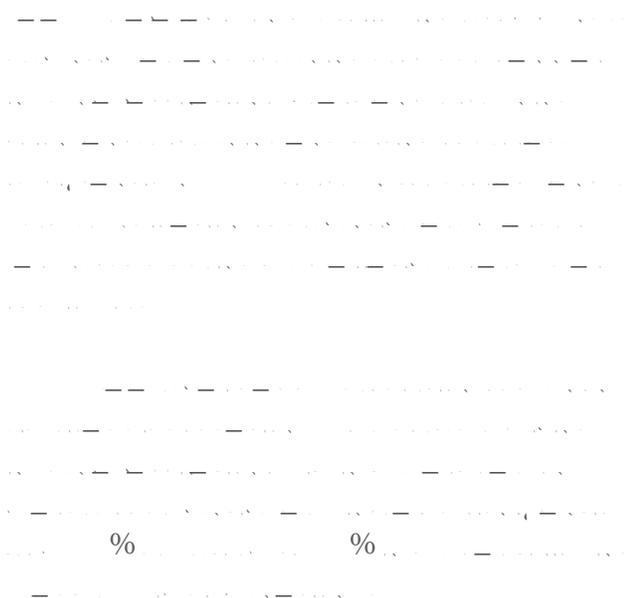


Figure 9

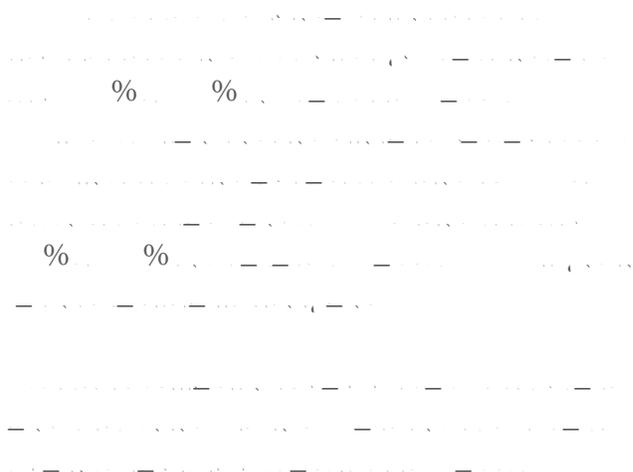


Figure 10

(Keating, Kouri, He, West, & Winer, 2013)

(Keating et al., 2013)



FIGURE 16: S MOKING TRENDS AMONG NON-ELDERLY ADULTS IN ALABAMA, 1998-2008



Source: Land, et al. 2010

J. SMOKING CESSATION

Percentage of current smokers who have quit (Of ce of Surveillance, Epidemiology, and Laboratory Services, 2010)

Table 4 (Land et al., 2010)

Figure 16 (Land et al., 2010)

(Land et al., 2010)



Source: Massachusetts Department of Public Health, 2012)

TABLE 4: PREVALENCE AND QUIT ATTEMPTS AMONG MEDICAID SMOKERS PRE- AND POST-CHAPTER 58

	2006	2008
Smoking Prevalence Among Massachusetts Adults with Diabetes	38% [vs. 16% of total MA population]	28%
Successful Quit Attempts	6.6%	18.9%

Source: MDPH, Tobacco Cessation and Prevention Program, 2012.



A. OVERVIEW

MA's safety net system, as defined for this literature review, is comprised of:

- Massachusetts Department of Health (MA DH) and its various divisions
- Massachusetts Department of Public Health (MA DPH) and its various divisions
- Massachusetts Department of Social Services (MA DSS) and its various divisions
- Massachusetts Department of Transportation (MA DOT) and its various divisions
- Massachusetts Department of Education (MA DE) and its various divisions
- Massachusetts Department of Corrections (MA DC) and its various divisions
- Massachusetts Department of Environmental Protection (MA DEP) and its various divisions
- Massachusetts Department of Labor Relations (MA DLR) and its various divisions
- Massachusetts Department of State Police (MA DSP) and its various divisions
- Massachusetts Department of Transportation (MA DOT) and its various divisions
- Massachusetts Department of Education (MA DE) and its various divisions
- Massachusetts Department of Corrections (MA DC) and its various divisions
- Massachusetts Department of Environmental Protection (MA DEP) and its various divisions
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- Massachusetts Department of Education (MA DE) and its various divisions
- Massachusetts Department of Corrections (MA DC) and its various divisions
- Massachusetts Department of Environmental Protection (MA DEP) and its various divisions
- Massachusetts Department of Labor Relations (MA DLR) and its various divisions
- Massachusetts Department of State Police (MA DSP) and its various divisions

(American Public Health Association, 2009; Hall, 2010; Ku, Jones, Shin, Byrne, & Long, 2011; National Association of Public Hospitals and Health Systems, 2009)

B. INCREASED SAFETY NET PROVIDER UTILIZATION

(Ku, Jones, Shin, Byrne, et al., 2011; National Association of Public Hospitals and Health Systems, 2009)

(Raymond, 2011a)

(Hall, 2010; Ku, Jones, Shin, Byrne, et al., 2011)





C. INTENSIFIED ROLE OF SAFETY NET PROVIDERS IN ENROLLMENT

Safety net providers as patient navigators



E. FINANCIAL IMPACT OF CHAPTER 58 ON THE SAFETY NET AND PROVIDERS

Financing the safety net

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The combination of the following factors led to the increased need for subsidies for safety net facilities even after Chapter 58:

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-
-
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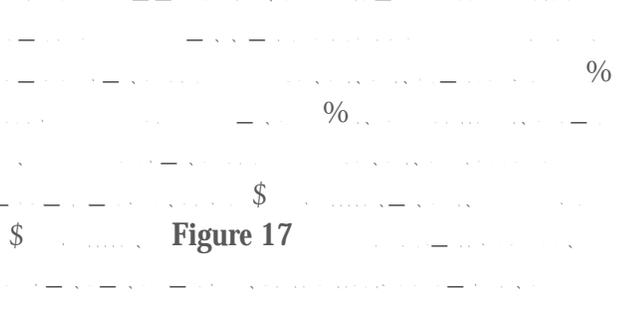
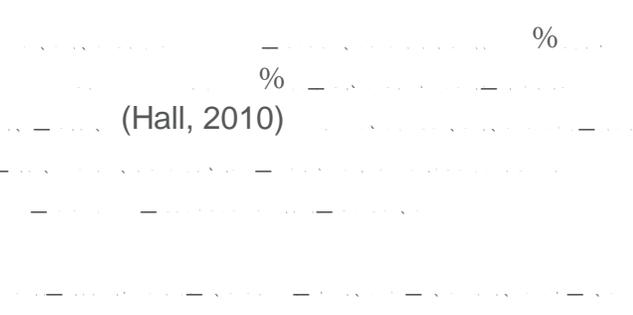
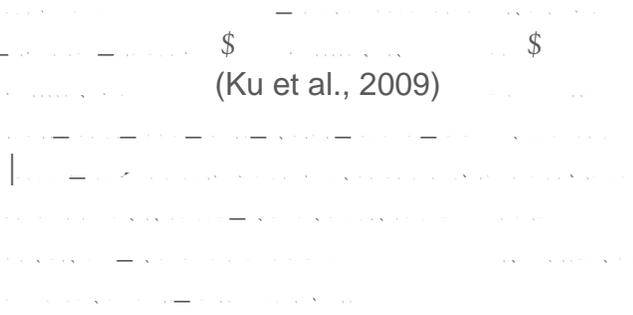
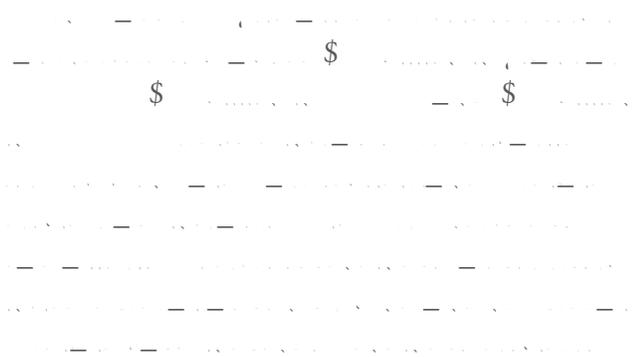




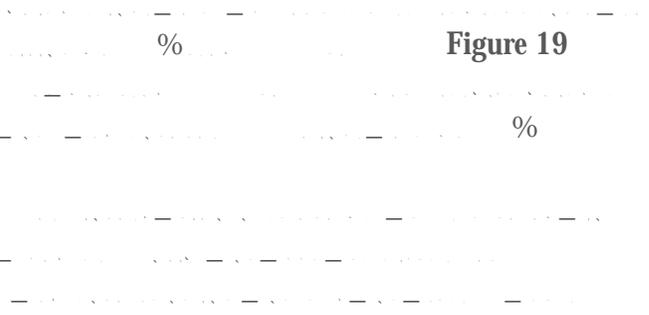
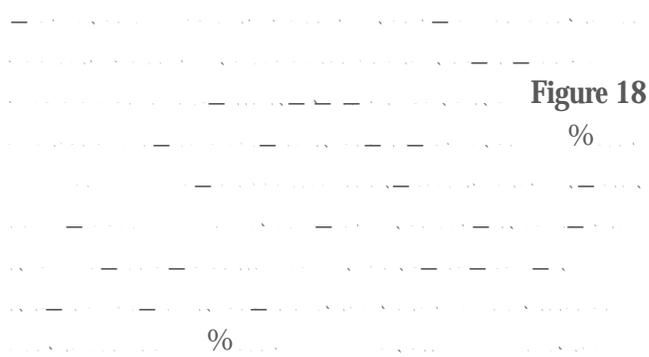
FIGURE 18. HS TOTAL PAYMENT TRENDS

Note: Numbers are rounded to the nearest million. The DHCFP reports did not indicate if the





(Division of Health Care Finance and Policy, 2012b)



(American Public Health Association, 2009; Raymond, 2011a)

G. CHALLENGES TO THE SAFETY NET'S CAPACITY

Administrative, billing, and infrastructure challenges

(American Public Health Association, 2009)

(American Public Health Association, 2009)



Provider shortages and barriers to care

... (Boston Public Health Commission, 2008; Ku, Jones, Shin, Bruen, et al., 2011; Sack, 2008)

(Ku et al., 2009)

(Massachusetts Medical Society, 2012)

(Ku, Jones, Shin, Byrne, et al., 2011)

Possible recommendations to address provider shortages include:

... (Boston Public Health Commission, 2008; Ku, Jones, Shin, Bruen, et al., 2011)

(Goodman & Fisher, 2008; Massachusetts Medical Society, 2012; McDonough, 2011)

(Goodman & Fisher, 2008)



A. OVERVIEW

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Placeholder text for section A, paragraph 3.

Placeholder text for section A, paragraph 4.

(American Public Health Association, 2009)

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(Dennis et al., 2012)

Placeholder text for section A, paragraph 6.

(Center for Health Law and Economics, 2012)

B. ECONOMIC IMPACTS

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Programs that experienced disproportionate cuts were those that have important impacts on primary prevention including:

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(American Public Health Association, 2009)







A. SUCCESSFUL STRATEGIES USED





Collaboration and buy-in

— Collaboration and buy-in are essential for the success of UHC efforts. —
— Engaging all stakeholders, including the private sector, is crucial. —
— (Raymond, 2011a, 2012)

E. SUMMARY OF LESSONS LEARNED

General

- UHC is a long-term process that requires sustained political commitment and leadership.
- UHC is a multi-sectoral effort that requires collaboration and buy-in from all stakeholders.
- UHC is a people-centered process that requires listening to the voices of the poor and vulnerable.
- UHC is a data-driven process that requires robust monitoring and tracking systems.

Implementation

- UHC implementation requires a clear strategy and a strong legal and regulatory framework.
- UHC implementation requires a strong health system and a skilled workforce.

Access to care

- UHC access to care requires a strong primary care system and a strong referral system.
- UHC access to care requires a strong health insurance system and a strong financing system.

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Clinical public health services

- Clinical public health services are essential for the success of UHC efforts.
- Clinical public health services require a strong health system and a skilled workforce.
- Clinical public health services require a strong health insurance system and a strong financing system.
- Clinical public health services require a strong health insurance system and a strong financing system.

Public health services

- Public health services are essential for the success of UHC efforts.
- Public health services require a strong health system and a skilled workforce.
- Public health services require a strong health insurance system and a strong financing system.
- Public health services require a strong health insurance system and a strong financing system.

Data monitoring and tracking

- Data monitoring and tracking are essential for the success of UHC efforts.
- Data monitoring and tracking require a strong health system and a skilled workforce.
- Data monitoring and tracking require a strong health insurance system and a strong financing system.
- Data monitoring and tracking require a strong health insurance system and a strong financing system.



Health insurance exchanges

Health insurance exchanges are marketplaces that allow individuals to compare and purchase health insurance plans from multiple issuers.

Exchanges are designed to increase competition and transparency in the individual market, leading to lower costs and better coverage options for consumers. (Corlette et al., 2011)

Exchanges also provide a platform for the implementation of community rating and risk adjustment, which are key components of risk pooling and cost control.

By facilitating the sale of standardized, community-rated policies, exchanges can help to stabilize the individual market and reduce the risk of market failure. (Urf, 2011a)

Exchanges are essential for the success of the Affordable Care Act's goal of achieving near-universal coverage through the individual market.



LOCAL HEALTH DEPARTMENTS

Local health departments are the primary public health agencies in the United States. They are responsible for a wide range of public health activities, including disease prevention, health promotion, and environmental health. Local health departments are often the first line of defense against public health threats and play a critical role in the overall health of the community.

STRUCTURE AND FUNDING OF THE SAFETY NET

The structure and funding of the safety net are critical to ensuring that all individuals have access to the care they need. The safety net is composed of a variety of organizations, including hospitals, health systems, and community health centers. Funding for the safety net comes from a variety of sources, including state and federal government, private foundations, and individual donors.



The role of community based public health programs in ensuring access to care under universal coverage. *New England Journal of Medicine*

The Massachusetts and Utah Health Insurance Exchanges.

“No one asked me”: Latinos’ experiences With Massachusetts health care reform.

Massachusetts under the Affordable Care Act: Employer-related issues and policy options.

The Synthesis project.

Reconciling the Massachusetts and federal individual mandates for health insurance: A comparison of policy options.

Income, Poverty, and Health Insurance Coverage: 2011.

Primary Care Task Force Report: 2008.

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Massachusetts health care cost trends: Efficiency of emergency department utilization in Massachusetts.

MassHealth: The Basics; Facts, Trends and National Context.

Health Safety Net: 2011 Annual report.

The Secrets of Massachusetts’ Success: Why 97 Percent of State Residents Have Health Coverage.

Massachusetts case study: Health reforms lead to improved individual and public health outcomes and cost savings.

Massachusetts Healthcare Reform: Perspectives from the Primary Care Task Force Preliminary Reports 2012.





Health Insurance
Market Reforms: Guaranteed Issue.

Guaranteed issue reforms require insurers to accept all applicants for health insurance, regardless of their health status, at the time of enrollment. This type of reform is most commonly used in the individual market, where it is often combined with community rating. Guaranteed issue reforms can help to reduce the risk pool and stabilize rates, but they can also lead to higher rates for those who are not high-risk.

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Guaranteed issue reforms can be implemented in a number of ways. Some states require insurers to accept all applicants for health insurance, regardless of their health status, at the time of enrollment. Other states require insurers to accept all applicants for health insurance, regardless of their health status, at the time of enrollment, but only for a limited period of time. Some states require insurers to accept all applicants for health insurance, regardless of their health status, at the time of enrollment, but only for a limited period of time, and only for a limited period of time.

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The Impact of Guaranteed Issue
and Community Rating Reforms on States' Individual Insurance Markets.

Health
Affairs



